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Greater Des Moines



September - Recovery and Suicide Prevention Month

You can get through this. Together, we keep going.

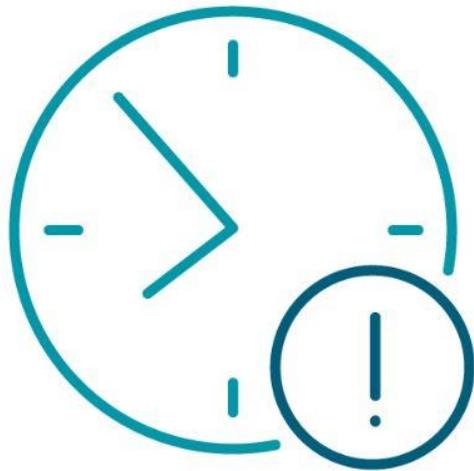
[Risk Factors and Warning Signs](#)

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Time is running out. Respond now.



Shape
your future
START HERE >

United States®
Census
2020

Time is running out for people to be counted in the 2020 Census. The **deadline** to respond to the census is **September 30**. It is critically important for all Iowans to be counted in the 2020 Census. Have you been counted yet?

For every person who is not counted, our community and the State of Iowa lose out on government funding for critical public services and we lose representation in government.

By responding to the census, you impact the community for 10 YEARS.

Respond now at 2020Census.gov or call 844-330-2020 – open seven days a week between 6 a.m. and 1 a.m. If a census taker visits your home, please cooperate. Our community needs your response. Shape your future – and the future of our community. Respond to the 2020 Census!



League of Women Voters of Metro Des Moines will be sponsoring a virtual program on “**Democracy in the Time of COVID19**” on **Wed., Sept. 30, at 6:30 p.m.** This program is free and open to the public though pre-registration is required.

RIGGED: The Voter Suppression Playbook is an award-winning documentary which exposes the nefarious tactics used to suppress the vote and serves to spark discussion on the actions needed to protect our democracy. Shot principally during the 2016 election, the film tracks a systematic, decade-long effort to reverse the impact of the growing demographic tide of non-white and younger voters who helped elect President Barack Obama in 2008. It details a variety of voter suppression “plays,” or tactics, ranging from the purging of voting rolls and passing of new, restrictive voter ID laws to gerrymandering and voter intimidation. The film includes revealing interviews detailing how the voter suppression game is played as well as cogent insights from leading voting rights advocates and law professors. It is narrated by Tony & Emmy award-winning actor, Jeffrey Wright.

After a showing of *RIGGED*, there will be a **panel discussion and Q and A** regarding the current fight against voter suppression in Iowa. Panelists include Mac Heller, the Executive Producer of *RIGGED*, the documentary film; Mark Stringer, Executive Director of American Civil Liberties Union of Iowa, and Deidre DeJear, Vice President of League of Women Voters of Metro Des Moines. Moderating the discussion will be Teresa Bomhoff, President of League of Women Voters of Metro Des Moines.

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