

We're Fundraising to Change Lives

NAMI Greater Des Moines provides no-cost mental health education, support & advocacy for Central Iowans. We foster supportive networks & help to keep families together.

We need your support to continue. Here's how you can help:



Make A Donation

\$10 = 27 Crisis Cards

\$35 = 1 Family to Family Manual

\$50 = 1 Peer Support Group Meeting

\$100 = 1 Community Presentation

Donate Now

NAMI Greater Des Moines Benefit Golf Tournament

Friday, Sept 13 / Toad Valley Golf Course



Golf With Us On 9/13

4-person golf teams include two carts, games, dinner & a heck of a good time!

Did we mention that we hand out trophies like candy?!

Click to Register Golf Team



Show Your Family's Support

Buy a sign for display on the golf course & support community mental health services.

[Click for Family Sponsorship](#)