



Greater Des Moines

NAMI Greater Des Moines Presents

Minds DSM: Stories of Courage & Discovery

Wednesday 4/10 4:30-6:30p

at Science Center of Iowa

\$25/person



Minds Matter with NAMI Greater Des Moines

Through this storytelling event, Iowans who have experienced mental illness will share their stories and participants will learn actions they can take to dispel

misconceptions, reduce stigma and access resources in the community.

CW Live's Jackie Schmillen and Lou Sipolt will emcee this shared experience and open dialogue, which will instill hope and shine a light on mental illness and the recovery process.

Minds DSM Event Schedule

4:30-5:15 Tour the Mind Matters Exhibit

5:15-6:30 Speaker Presentation

[Click to Buy Tickets](#)

Please be aware that the stories that will be shared address topics that may be unsuitable for children and may potentially be distressing for some people.



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