It’s way too close.

As early as next Wednesday, the Graham-Cassidy bill (also referred to as Graham-Cassidy-Heller-Johnson bill) is expected to come up for a vote — and the vote will be close.

If this bill passes, children and adults with mental illness will get fewer services—and millions will lose their coverage altogether. We need more mental health care, not less, but the Graham-Cassidy bill will move us in the wrong direction.

Please walk with us. We are a week away from the NAMI Walk on Saturday, Sept. 30 at Terra Lake Park, 6300 Pioneer Parkway, Johnston, Iowa. Registration is at 8:30 AM - the Walk begins at 10 AM - Lunch follows. For more information, click here.

By designating NAMI Greater Des Moines to benefit from your donation – 50% of the amount will be distributed to NAMI GDM, 10% to NAMI National, and 40% to NAMI Iowa and you benefit all three levels of our organization. If you choose not to designate NAMI Greater Des Moines, we will receive no monetary amount from your donation.

Thanks in advance for your generosity.

“No matter how unmanageable, untame, and unsafe the world may seem, no matter how broken you may feel, there is always hope for recovery. The first step: Please stick around.”

September is National Suicide Prevention Month, with World Suicide Prevention Day on September 10. World Suicide Prevention Week Sept. 10 to 17. To those in the healthcare community and countless mental health and substance abuse allies, suicide prevention is a year-round mission. Suicide is the 10th leading cause of death for
Americans and among the **top five** causes of death for those ages 10 to 54.