

# NAMI SMARTS

for

# ADVOCACY

Make a difference. Advocate.

Grassroots advocacy is about using your voice to influence policy makers and make a difference.

Turn your passion and lived experience into a positive voice for mental health with NAMI Smarts for Advocacy training.

**The NAMI Smarts Difference**  
NAMI Smarts for Advocacy gives you step-by-step tools and the hands-on practice you need to feel clear, confident and ready to make a difference.

FREE

## 2 SESSIONS IN 2018

Saturday February 24 9a-3p  
Saturday October 6 9a-3p

**At NAMI Greater Des Moines  
511 East 6<sup>th</sup> Street**

IN DES MOINES' HISTORIC EAST VILLAGE

Call 515.850.1467 or email  
[director@namigdm.org](mailto:director@namigdm.org)  
to sign up today



National Alliance on Mental Illness

# NAMI Greater Des Moines

