



One More is TOO Many:

Central Iowa Symposium on Youth Suicide
Prevention and Mental Health
Friday, April 26, 2019

DMACC, Ankeny Campus Student Center,
Building 5
8:00 a.m. – 4:00 p.m.

Statistics about suicide thoughts and actions by Iowa youth are rising and alarming! The fact is that **SUICIDE IS PREVENTABLE!** Please join us to learn about more about youth mental health, risk factors and suicide prevention and postvention strategies. Help us prevent **ONE MORE!** This important event is free and open to all middle, high school and college youth, parents and educators in Central Iowa.

Seating is limited so register today at:
<https://2019omitm.eventbrite.com>

Sponsored by the Polk County Suicide Prevention Coalition, DMACC, Ankeny Mental Health Ministry, and many other caring community organizations.

If you have questions about this event, please contact Lu Ann Barnes at 515/577-7751 or luann@adoptioniowa.com