

# Parent Support Group

DISCUSSING STRESS RELATED TO COVID-19

**PLEASE SEND REFERRALS TO:**

**[Chelsea.Siefken@pathwaysb.org](mailto:Chelsea.Siefken@pathwaysb.org)**

Groups are free and will be held via ZOOM  
Wednesdays at 5pm



In partnership with COVID RECOVERY IOWA and  
community resources/partners in Iowa.

Hosted by PATHWAYS BEHAVIORAL SERVICES